# What is lip blush?

Lip Blush Is a permanent makeup technique involving the insertion of ink into the skin of your lips to create a more full, defined lip while still looking very beautiful and natural.

The end result is a tinted lip balm look that enhances your natural lip shape and is undetectable by other people. Most will assume you just have luscious, hydrated and youthful lips!

Lip Blush is considered a tattoo and can last on your face for up to 3 years, so it is very important for you to understand how all of this works. I look forward to seeing you soon and welcome any questions about your Lip Blush procedure.

# who is a good candidate?

The answer is anyone who wants to have a more youthful appearance, with fuller looking, more defined natural lips.

* Busy moms
* Business Professionals
* Active people
* Those who don’t have time or the desire to fiddle with the constant application of lip color throughout the day or evening
* Those who don’t want to worry about makeup
* Those who lips have faded to the color of the skin on their face
* Those with white spots/ areas throughout their lips
* Those who don’t want lip fillers to achieve a more youthful look

Lip Filler can be very expensive and doesn’t last long at all. Lip Blush is a fantastic alternative to lip fillers and is the up and coming way to get those luscious looking, fuller lips without all the hassle. Lip Blush also can last up to 3 years which makes it more cost effective for you!

Some people may want both Lip Blush to create the definition and color that filler is not able to accomplish, plus Lip Filler to make their lips bigger. This is perfectly okay and the results are very beautiful!

# What Issues could impact my results for lip blush?

* People with a history of cold sores MUST get an antiviral prescription from their physician BEFORE the appointment to prevent an outbreak post procedure. Cold Sores are very common and need to be prevented in order to avoid poor healing.
* People with dark lips or dark brown spots on their lips.
* People taking sun sensitizing medications such as Retinol, Retin-A and Vitamin A. These need to be stopped at least 2 weeks before the appointment.
* People who have had Lip Filler must wait 4 weeks after the Lip Filler injections to have Lip Blush.
* People with Auto-Immune deficiencies may not heal well. It is important for you to be healthy before booking. You need to discuss this procedure with your physician prior to your appointment.
* Pregnant Women are not candidates for Lip Blush.
* Nursing Mothers need to discuss with their physicians first and also are advised to dump their breast milk for 2 weeks after the procedure.
* People with conditions that cause them to bleed easily.
* People with prior lip tattoos may not be candidates for Lip Blush. This will be determined at your consult that needs to be scheduled before scheduling a Lip Blush appointment.
* People who have had a lot of lip filler such as 1-2 syringes of filler in their lips. This will be determined by reviewing your picture or at a personal consultation.

# what is the lip blush experience like?

* A tiny pen-like machine using a tiny acupuncture needle is used to gently insert pixels of pigment into your lips and slowly builds a nice, natural lip color.
* This allows the building of color gradually, so we will have more control over how bold you want your lips to be. We work together on this decision!!
* Immediately following the Lip Blush procedure your lips will be swollen which lasts approximately 1-3 days. They will also look darker, like a pretty lip stick color without lip balm for a couple days. Over about a week’s time, the color will fade about 50%.
* Healing is extremely easy – typically 4-5 days of tight, chapped lips. You can use Aquaphor often and they actually look great while they are healing!!

# Will my lip blush look like lipstick?

Lip Blush is a much softer look than lipstick. The colors of ink used for Lip Blush are also softer, more natural looking colors.

# How long does it last?

On average Lip Blush lasts about 2-3 years, however your lifestyle, personal maintenance and care, as well as your skin type definitely impact the longevity of your Lip Blush.

# Does it hurt?

Most people describe it as a mild discomfort. I numb at the beginning of the Lip Blush procedure and frequently throughout as well. You are likely to feel a mild stinging, but it’s totally manageable.

# how long does the appointment take?

The first appointment takes 2-3 hours, and the touch up takes about 1.5-2 hours. Much of that time is spent drawing, measuring and numbing the lips.

# prep

Preparation is key for the best results. Follow the steps below for the best results, including before all touch ups.

* Avoid alcohol, caffeine, Aspirin, or Ibuprofen, Vitamin E, Fish Oil for 48 hours before the procedure.
* Avoid Chemical Peels, Laser Treatments, Lip filler for 4 weeks prior to and 2 weeks following your procedure.
* 1-2 days prior to the Lip Blush appointment, exfoliate your lips with a natural lip scrub.
* Because Botox can alter the position and shape of your lips, it should be performed no later than 2 weeks prior to your appointment and 2 weeks after your appointment.
* Avoid Retinol and Retin-A for 2 weeks prior to your appointment.
* Stop Accutane for one year prior to your appointment.

#  aftercare

**Day 1**: Avoid extremely hot and/or spicy foods and drink through a straw. Wipe your lips with a moist cotton round every 30 minutes for the next 3 hours and apply Aquaphor. Removing the fluid that is seeping from your lips will help to prevent the formation of thick scabs. After 3 hours wipe your lips every 2 hours until bedtime and apply Aquaphor.

**Day 2**: Wipe your lips 4-6 times per day and keep them moist with Aquaphor.

**Day 3**: Wipe your lips every AM and PM and keep them moist with Aquaphor. By now your lips should be fully exfoliated. Keep them protected from the sun.

\*\****Do not use whitening toothpaste during the healing process. Do not pick at your scabs. Ice and pain medicine post procedure are fine.***

***\*\*It is expected that you will have some swelling, seepage and mild discomfort for 24-48 hours post procedure.***

* ***Call or text me at (937) 477-2451 if you have any questions about your healing.***
* ***Extreme redness, warmth to the site, fever, continued swelling after a few days, pain or seepage could be signs of a reaction or possible infection. This is extremely rare and unlikely to happen, however if it does be sure to contact your physician immediately!***
* ***As with any tattoo, some scarring is always a possibility.***